# **Dream Travel**

# Bagni Di Pisa Palace & Thermal Spa

A place where you can escape from the world and dive into the world of beauty and healing



## General

#### **About Hotel**

 The Bagni di Pisa Palace & SPA is the majestic spa residence was originally built in 1743 for Francesco Stefano di Lorena, the Grand Duke of Tuscany. For centuries, it has been the destination of choice for royalty, dignitaries and celebrities seeking a relaxing retreat with unrivalled spa facilities. Today, Bagni di Pisa is world-renowned as a hotel and spa that retains the charm of the 18th century with frescoed ceilings, extravagant furnishings, flower gardens and enchanting natural surroundings. With a collection of pools and thermal treatment rooms, ancient treasures of art and history, innovative wellness facilities and delicious culinary masterpieces, Bagni di Pisa is a place where you can truly escape the world and immerse yourself in a world of beauty and healing.

#### Contacts

Bagni Di Pisa Palace & Thermal Spa - Tuscany

Largo Shelley 18

56017 San Giuliano Terme (PI)

Ricevimento Hotel +39 050 88501

Terme e Day Spa +39 050 8850432

info@bagnidipisa.com

### **Room types**

#### • Comfort Double room

Room size: 20-25 sq. m / Maximum accommodation: 2 adl

Spacious and functional room 20-25 sqm. Includes a comfortable sofa bed, allowing the room to accommodate up to four people. Small pets are welcome.

#### • Superior Double room

Room size: 20-30 sq. m / Maximum accommodation: 2 adl

The Superior rooms are located on the first floor of the Levante (East) wing of the hotel. Their elegance and spaciousness are accented by the brand-new light parquet flooring, which gives the whole room a warm and welcoming brightness. The marble bathroom is a nod to the ancient spas, while the double sofa bed allows the rooms to accommodate up to four people.

#### • Deluxe room

Room size: 25-35 sq.m / Maximum accommodation: 2 adl

Located on the third floor of an old building, the Deluxe rooms are elegant and spacious, with furniture in warm, harmonious colours. The rooms are complemented by a seating area for quiet moments of relaxation. Small pets are allowed in these rooms.

#### • Junior Suite Prestige

Room size: 45 sq. m / Maximum accommodation: 4 adl

Refined Junior Suite with bedroom on double level, original XVIII century frescoed ceiling and selected fabrics. Separated living room with sofa, armchairs and writing desk. Full marble bathroom, hair-drier and bathrobe. The Junior Suite can host up to four guests thanks to an additional sofa king bed.

#### • Junior Suite Exclusive

Room size: 40 sq. m / Maximum accommodation: 2 adl

Refined junior suite with original XVIII frescoed ceiling, selected fabrics and beautiful panoramic view. Living room with sofa, armchairs and desk. Fully marbled bathroom with shower and bath, double washbasin, hairdryer and bathrobe.

#### • Suite

Room size: 50-60 sq. m / Maximum accommodation: 4 adl

Refined suite with original XVIII frescoed ceiling, selected fabrics and beautiful panoramic view. Living room with sofa, armchairs and desk. Complete marble bathroom with shower and bath, double washbasin, hairdryer and bathrobe. The room can accommodate up to four people thanks to a sofa bed.

#### • Grand Duke's Suite

Room size: 70 sq. m / Maximum accommodation: 4 adl

The most prestigious of all suites, with sumptuous spaces both in the bedroom and in the large, bright living room. It welcomes guests with its splendidoriginal frescoes from the 18th century and a luxurious four-poster bed. Adouble sofa bed allows the room to accommodate up to four people. Small petsare welcome in this type of room.

# Meal plan

• BB – Bed & Breakfast

## **Food & Beverages**

#### • Byron Court Terrace

Corte Byron is named after the famous English poet who loved Italy and Tuscany. It is simply the best place to spend summer days and nights, ideal for enjoying the tranquillity and the gentle breeze among the perfumed fruit trees, for savouring appetisers, tasting a distillate or blissfully listening to the notes of a piano. This evocative corner of Bagni di Pisa is waiting to welcome you for lunch or dinner, surrounded by ancient architecture and greenery.

#### • Dei Lorena Restaurant

At Ristorante dei Lorena, the pleasure of eating is enhanced by a thousand details, from the spectacular view of Pisa to the timeless refinement of a residence that has hosted kings and queens. Here, Chef Umberto Toscano will surprise you with the flavours of Tuscan tradition, his original creations and delicious, light dishes designed to combine taste with health and well-being.

#### • The Shelley Bar

The bar welcomes you with light that enhances the colours, the frescoes and the elegant furnishings. Here is the centre of life in Bagni di Pisa. Over the years, its refined style has remained intact, with the addition of a selection of cocktails and drinks that you can sip and enjoy alone or in company.

# **Thermal Spa**

At Bagni di Pisa beauty is a source of wellness. The thermal pools and baths are set among the pilasters and the arches of the Grand Duke's palace, and the end result is a setting that can justifiably be called magnificent.

#### • Oriental and holistic disciplines

Bagni di Pisa offers the very best of these practices that come from different cultures and far-off worlds and eras. Hot oils, powerful, skilful hands, and lively spa water work together for guests, creating an emotional dimension where wellness and regeneration reign supreme.

#### • Cave of the Grand Dukes

A small passage carved into the stone centuries ago by hand, with a hammer and chisel. This is the Cave of the Grand Dukes, a magical place of quietude, where body and emotions are attended to in the natural warmth. It is a warm, humid natural environment, a thermal steam bath that balances body and mind, regulates blood pressure, and helps eliminate toxins. The warmth, the steam and the beneficial thermal substances reduce inflammatory reactions, relax every muscle and naturally open up the airways.

### **Pools**

- **Bagni di Levante**. Bagni di Levante is a magical place: carefully restored, they are dedicated to the regenerating power of thermal water, which takes care of the body, the mind, and the emotional sphere. Immersing yourself in water with its natural heat is the simplest and most ancient regenerating treatment.
- **Bioaquam**® is a revitalising water experience that takes place in a spectacular central pool. The thermal water, with its precious natural elements, is slightly warmer than body temperature and comes directly from the springs, with its heat originating from the depths of the Earth. Beneath the illuminated eighteenth-century arches, you can enjoy

various water jets that relax, relieve tension, and stimulate circulation, providing a therapeutic experience for complete well-being.

- **Bagno di Mercurio** dedicated to the beneficial power of sea salt where, you immerse yourself in water with a high salt concentration, which has a strong buoyancy and gives the sensation of floating in the absence of gravity. It is a magical experience, which gives moments of intense relaxation.
- **Bagno di Minerva** is a 35°C freshwater bath, enriched with underwater jets. The benefits of the thermal water, its precious elements and its warmth are enhanced by the massage, with healing effects on the circulatory and musculoskeletal system and a delightful energising effect.
- **Outdoor swimming pool.** The outdoor swimming pool of Bagni di Pisa welcomes you on the terrace of Bagni di Ponente. All around is the greenery of the park, under the bright Tuscan sky. The thermal water comes directly from the source, with its relaxing warmth and the regenerating power of its precious elements. Underwater, the massaging jets dissolve tensions and stress, with a beneficial action for the circulation and for the muscular and skeletal system.

### **Entertainment in the hotel and the area**

#### • The cooking class

A typical Tuscan cooking class with Chef Umberto Toscano

#### • Wine tasting

The tasting of exquisite Tuscan wines accompanied by a sommelier.

#### • Hot air balloon flight

Tassignano Airport, Capannori, around 20 km from Bagni di Pisa. Take an unforgettable journey over the landscape around Lucca, in the oldest and most evocative of all flying machines. Once you touch down, celebrate by tasting a selection of local wines and delicacies. At the end of the day, take home a first flight certificate signed by the balloon pilot.

#### • Sailboat trip from the port of Marina di Pisa

A sailboat trip with expert sailors to learn the basics of sailing, take part in the manoeuvers, or relax in the shade of the sails.

# Location

Bagni Di Pisa is located in a historic building in San Giuliano Terme.

- Pisa 6 km
- Lucca 15 km
- Viareggio 25 km
- Florence 85 km