

# Constance Ephelia Seychelles

An exquisite haven for a pampering holiday



## General

### About Hotel

Constance Ephelia is a serene, unspoilt haven for couples and families alike, promising endless opportunities for rejuvenation, wellbeing and recreation.

- ***Accommodation***

266 rooms & suites and 47 villas: 42 Tropical Garden View Rooms / 184 Junior Suites / 40 Senior Suites / 10 Family Villas 2 Bedrooms With Private Pool / 12

Family Villas 3 Bedrooms With Private Pool / 8 Beach Villas 1 Bedroom With Private Pool / 8 Beach Villas 2 Bedrooms With Private Pool / 8 Hillside Villas With Private Pool / 1 Presidential Villa With 2 Private Pools

- ***Facilities***

5 pools / Courtesy lounge / Internet Access / Infirmary / Conference facilities / Laundry and pressing / Helipad / ATM / Car rental facilities / 5 boutiques

- ***Location***

Nestled between two pristine white-sand beaches on the enchanting island of Mahé and overlooking the Marine National Park of Port Launay, Constance Ephelia is an exquisite haven for a pampering holiday in the Seychelles. Conveniently located a 40-minute drive from Seychelles International Airport and just 30 minutes from the vibrant capital city of Victoria.

***Notes***

The material provided on the website is for informational purposes only. The hotel reserves the right to change the cost, types of services, and timing of their provision, including room names and categories, without prior notice. Please note that the photos posted on the website may differ from the actual hotel photos. Furthermore, we do not have any information regarding the hotels' plans to carry out construction or renovation works on the hotel premises or adjacent territory. Please note that floor plans are for illustrative purposes and actual room layout may vary between individual rooms or suites.

## **Contacts**

Constance Ephelia Seychelles

Port Launay, Mahé – Seychelles

Telephone number: (248) 439 5000

Administration Fax: (248) 439 5001

[info@epheliaresort.com](mailto:info@epheliaresort.com)

## **Accommodation**

### **Rooms & Suites**

## **Tropical Garden View Room**



## **Junior Suite**



## Senior Suite



## Villas

### Family Villa



**Beach Villa**



**Hillside Villa**



**Presidential Villa**



## Meal plans

- BB - Breakfast
- HB - Half Board (Breakfast and Dinner)

## Food & Beverage

### Restaurants

- ***Corossol***

The main buffet restaurant at Ephelia, Corossol offers breakfast and dinner to guests. With a "live cooking and theme buffet" concept, it presents a diverse range of dishes from various cuisines worldwide, from tandoori to pizza, creating a harmonious blend of flavors. The seating is divided into different sections, providing a diverse ambiance. Capacity: 380 seats / Dress code: Casual chic / Opening hours: Continental breakfast: 04h30 - 07h00 / Breakfast: 07h00 - 10h30 / Dinner: 18h30 - 22h00

- ***Helios***

Positioned on the south side of the resort, Helios is a casually chic restaurant with a Mediterranean theme. It serves a simple yet delightful lunch menu infused with influences from the South of France, Italy, Spain, Morocco, and Lebanon, along with whole fish and oven-baked dishes. For dinner, it offers a similar fusion through an exquisite à la carte menu and sharing dishes. Capacity: 70 seats / Dress code: Casual chic / Opening hours: Lunch: 12h00 - 15h00 / Dinner: 19h00 - 22h00

- ***Adam & Eve***

The Asian cuisine restaurant, Adam & Eve, is nestled within a natural, affectionate structure that embraces the elements. One of its distinctive features is the open kitchen where food preparation takes place. Focused on the

flavors of Southeast Asia, it emphasizes Malaysian, Thai, Singaporean, and Indonesian cuisine, offering an à la carte menu for both lunch and dinner. Capacity: 70 seats / Dress code: Casual chic / Opening hours: Lunch: 12h00 - 15h00 / Dinner: 19h00 - 22h00

- ***Seselwa***

Overlooking the stunning North Beach, Seselwa is an all-day dining restaurant exuding a casual and vibrant atmosphere. Adorned with white furniture and floral pillows, it emanates freshness and the essence of Seychelles. While breakfast is buffet-style for guests staying in the Senior Suites and Villas, lunch and dinner feature Creole specialties, grilled local ingredients, and island flavors, available through an à la carte menu, set menus, or live buffets. Capacity: 120 seats / Dress code: Casual chic / Opening hours: Breakfast: 07h00 - 10h30 / Lunch: 12h00 - 15h00 / Snack menu: 15h00 - 17h00 / Dinner: 19h00 - 22h00

- ***Cyann***

Next to the stunning beach of Port Launay, Cyann, the Signature Cuisine restaurant, offers a unique concept. During lunch, it presents a well-known sushi selection and delicious classic and light dishes in a casual setting. For dinner, it transforms into an elegant and refined venue, presenting a selection of signature dishes combining the precision of French culinary techniques with the lightness and flavors of influences from around the world. Capacity: 50 seats / Dress code: Elegant/formal / Opening hours: Lunch: 12h00 - 15h00 / Sushi: 12h00 - 16h00 Dinner: 19h00 - 22h00.

## **Bars**

- ***Zee Bar***

Open all day and late into the evening, the Zee Bar offers a wide selection of beverages and an innovative cocktail menu. During the day, it is the ideal spot for guests to enjoy classic snacks while sitting on the deck, perhaps with a refreshing mojito. In the evenings, guests can immerse themselves in the daily theme nights and enjoy live music in a relaxed and casual atmosphere. Opening Hours: 08h00 - 00h00 / Snack menu: 15h00 - 20h00 / Live entertainment: 20h30 - 23h00

- ***Helios Bar***

Adjacent to the restaurant, the Helios Bar offers a classic selection of drinks and cocktails. Guests are encouraged to ask the bartender for recommendations on freshly brewed iced teas. It provides a pleasant setting by the pool for guests to enjoy an aperitif before dining in the restaurant. Opening Hours: 10h00 - 23h00

- ***Adam & Eve Bar***

Located within the restaurant of the same name, the Adam & Eve Bar offers stunning pool views and a beachfront ambience. It is a popular spot for guests to enjoy a variety of drinks and cocktails throughout the day in a warm and inviting atmosphere. Opening Hours: 10h00 - 23h00

- ***Seselwa Bar***

Part of the restaurant of the same name, Seselwa Bar is located on the picturesque North Beach. It offers a unique setting for guests to enjoy chilled beers, tropical cocktails and a wide selection of homemade rums while listening to the melodic sounds of Creole music. Opening Hours: 10h00 - 23h00

- ***Cyann Bar***

Adjacent to Signature Restaurant, Cyann Bar offers an exclusive selection of gin and gin cocktails, as well as rare spirits, sake and cocktails. It is also the perfect place to enjoy a glass of wine carefully selected by the sommelier. The welcoming environment encourages guests to lose track of time as they savour their drinks in the evening. Opening hours: 10h00 - 23h00

- ***Kabana Bar***

The Kabana Bar offers a vibrant beach atmosphere and serves a range of cocktails and drinks. Located directly in front of the Port Launay beach, the bar area is surrounded by tables, chess, boccia, beach volleyball, badminton and a children's playground. Opening hours: 10h00 - 18h00

- ***South Beach & Pools***

The team stationed along South Beach and at the various pools provide efficient food and beverage service. Guests are welcome to seek their assistance when they are ready to enjoy a drink, a leisurely lunch or an afternoon snack without

having to leave their sunbeds. Opening hours: 09h00 - 18h00 / Pool snack menu: 12h00 - 17h00 / Drinks menu: 10h00 - 18h00.

## **Sport & Activities**

### **Complimentary**

- Fully equipped gymnasium
- 4 tennis courts
- Squash court
- Non-motorised watersports, such as; pedal boats, small sailing catamaran, windsurfing and kayak.

### **Payable**

- Fishing
- Diving (PADI)
- Tennis lessons
- Yoga lessons
- Bicycles
- Wall climbing
- Zip lining - For guests of all abilities from 3 years to 70+ and instructors available.
- Mangrove Kayaking - Available only for a few days per month, depending on the tide level

#### ***Note***

Bicycles' conditions: Bicycles are provided free of charge for villa guests only. All Tropical Garden rooms, Junior suites and Senior suites guests may rent bicycles from our Fitness centre for use within the hotel premises only.

## **SPA & Wellness**

### **Constance Spa**

- The alluring spa village at Constance Ephelia is nestled in the serene centre of the resort's splendid tropical gardens. Guests may relax, rejuvenate, cleanse, hydrate, or just indulge in the lavish amenities provided. The adept team is readily available to aid guests in choosing the most fitting treatments according to their personal requirements. Upon arrival, guests are provided with a Spa Experience Card which aids in noting down wellness goals and preferences, allowing for personalization of treatments to match their requirements.

## **Treatments**

- Guests can choose from a delightful selection of Constance Spa Classic massages, facials and body treatments. All of these treatments are created using aromatic natural products, inspired by indigenous plants from the Indian Ocean. These spa treatments aim to transport your mind and body to a state of unprecedented relaxation and complete equilibrium. Alternatively, treat yourself to our range of exquisite phyto-aromatic facials and body treatments from Sisley, the esteemed French luxury skincare brand. Immerse in a truly indulgent and rejuvenating experience.

## **Facilities**

- ***Spa Facilities***

14 single treatment rooms / 4 double treatment rooms / Sauna / Steam room / Thermal pool / Jacuzzi / Cold plunge pool / Kneipp foot path / Reflective pool

- ***Fitness Facilities***

Spa Yoga pavilion

## **Kids & Teens**

### **Constance Kids Club**

- The Constance Kids Club welcomes young guests aged 4-11 to begin an

adventurous journey of exploration. Fully trained and enthusiastic Coordinators lead the club, offering a range of activities such as trips to explore nearby islands, crafting of local materials, culinary experiences, and engaging scavenger hunts in the exotic holiday setting. Each day is intended to be full of discovery, ensuring that exploration remains at the core of the club's theme.

## **Amenities and services**

- Flexible registration available throughout the stay, ensuring children are always prepared to participate and play.
- Emphasis placed on the safety and security of all participating children.
- A designated swimming pool is available for recreational play, relays, and tag games.
- There are plenty of open play areas for showcasing talents, interactive games, movies, and children's circus events.
- Gaming activities are offered, with access to both PlayStation and Nintendo Wii.
- Engaging Arts & Crafts sessions showcasing local and traditional crafts.
- Thoughtfully structured day and evening programmes featuring exciting themes to keep children entertained.
- Special themed days exclusively dedicated to making pizza, mastering crepes, and preparing delicious smoothies.
- Young guests aged 4-6 can enjoy an exclusive imaginative space, complete with playhouses, kitchenettes, tool workshops, and 4-wheel transportation rides for additional amusement.
- Carefully designed washrooms tailored to fit the specific needs of young children.

## **Infrastructure**

### **Bank**

- Local currency: Seychelles Rupee.
- Accepted currencies: Euro, US Dollar (US Dollar 2007 Series or above

only), Seychelles Rupees & UK Pounds.

- Traveller Cheques: Not accepted
- Credit Card: American Express, MasterCard, Visa, Maestro, Union Pay.

## **Medical Services**

- Doctor on call -extra charges may apply depending on guests' travel insurance.

## **Transport**

- Conveniently located a 40-minute drive from Seychelles International Airport and just 30 minutes from the vibrant capital city of Victoria.
- Constance Ephelia can assist with airport transfers